



London
Branch



Member 2023

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London NARPO Befrienders

A Scheme Run by Members for Members Here For Friendship and Support

The London Branch of NARPO has set up a Befriending service.

To date it is the only one operating Nationally. It is specifically aimed at helping retired members and/or partners of the Metropolitan Police Service.

If you're lonely or would like someone to talk to, we have trained volunteers waiting to help.

We are able to visit you in your home, perhaps for a cup of tea and a chat, or accompanying you on an activity (such as a trip to a cafe or the theatre). In some cases, we may be able to assist with the occasional hospital or doctor's appointments.

Email: befriender@londonnarpo.org.uk **Tel:** 0203 151 1212