



**Hastings &
Rother
NARPO**



**Chris Reeve-Fowkes
Chair**



**John Levett
Secretary**



**Karen Paine
Treasurer and Newsletter**

Phoenix News



Issue 8

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A Message from our Secretary

Hi Everyone,

Its that time of year when it starts to get cold, the heating has to work overtime and the dreaded Christmas adverts begin on TV. I've found it particularly difficult having just returned from a three week tour of North India. A fascinating trip but absolutely gruelling with lots of very long train journeys, coach rides and internal flights. We were getting up before 5am on lots of days either to catch a plane or train or to catch the sunrise over some of the amazing tourist attractions. In fact the guide told us on the first day 'Let's make it clear this is not a holiday it's a tour'!

Apart from the embarrassing bout of 'Delhi belly' a brilliant adventure and so pleased we booked an extra 4 days on the beach at Goa to recover. The highlight for me was the Golden Temple at Amritsar where it was the festival of Diwali and the volunteers were cooking and feeding 500,000 people. But now I'm back I won't be having an Indian takeaway for a while that's for sure, you can have too much of a good thing!

Take care and hope to see lots of you at the Christmas meeting and Christmas dinner.

John.



Not sure that orange is my colour or whether the £1 temple pants really go!



**NARPO Website:-
www.narpo.org**

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Janet Mileham

What do you get if you cross an owl with a witch?
Answer: A bird that's ugly, but doesn't give a hoot!

Crazy fact: In Ancient Greece, Olympic competitors were expected to be nude during all events!

Hints & Tips

Stuck glasses—Two glasses that are stuck together—one inside each other—can be easily separated without any damage. Stand the bottom glass in hand hot water and fill the top glass with cold water. The two should easily come apart!



Our next meeting is at Horntye Sports Club, at 1pm on Wednesday 4th December, 2024. There will be a free buffet and raffle. Dependent on numbers, there may be a Christmas Quiz. We look forward to seeing you there!

News from Ken

Hi All

Well, here we are in November already. Time to get ready for the festive season.

However, I would first like thank the members who were able to support both the two theatre trips and the brewery outing. The brewery trip in September turned out to be an enjoyable and successful evening. As were the two theatre trips in October. I would personally like to thank all those who attended and also the Committee for the support given (in particularly Karen who was lumbered with all the financial issues involved.)

This brings me on to the last event of the year - the Christmas Lunch on Thursday 19th December 2024. I decided this year to ensure that everyone, including those who are not on email, would be fully aware of the lunch. Therefore full details were posted to all members home address, (thanks to Karen who was able produce the circular and arrange distribution.)

As of now we have in excess of 43 members already booked. However, as this is a sit down meal the restaurant is limited to the number of diners they can seat. Remaining places will be allocated on a first come basis. Unfortunately, only those who have booked and paid can be accommodated. Anyone wishing to attend should email me on dkw4125@gmail.com or phone 07454 799911 as soon as possible to avoid disappointment.

Regards to all
Ken



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Scam Texts and Calls

My mum and I have both received scam texts recently. My daughter told me to report them to Ofcom. I had no idea about this so I thought I would share. It's very easy—you forward the text to 7726. They instantly reply telling you to let them have the number the text has come from. On iPhone you tap on the icon for the sender at the top of the text. Then tap on 'info'. This will bring up the phone number. If you hold the number down it gives you the option to copy it. Return to 7726 message and paste it. If this is too complicated—just make a note of it and type it in! They then investigate the number.

Further information can be found if you Google 7726. It gives you videos to help and also how to deal with scam phone calls.

Below is a photo of the beginning of a conversation my 93 year old mum had with the scammers. She sent family photos and had quite a conversation with them. They went on to ask her to pay an £870 bill because their account had been frozen. It makes me so angry. Luckily she said she couldn't pay it and having reported the number, I blocked it.

Best wishes
Karen

Hi mum xx

My phone broke its my new number message me back xx

Hi love ! Everything ok ? xx

Yeah I'm okay other than breaking my phone today, you okay?xx

And save this number I'll be keeping it x

Now

xx

You okay?xx

Yes thank you x



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Our President

Gordon Message



Donations to Charity

We invited both St Michael's Hospice and KSS Air Ambulance Charity to talk to our meeting in September at Horntye, following our donations of £1000 to each of them. They were extremely grateful to us all—thank you to all of the members who chose to donate their £20 gift to them.



St Michael's Hospice



KSS Air Ambulance Charity

Northern Lights

I was so lucky to see the Northern Lights in October opposite my house! I'm sure some of you have better photos. These were just on my iPhone.

Karen

