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# CUMBRIA NARPO NEWS

## AUTUMN 2022

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### **The Death of Queen Elizabeth II**



As we say goodbye to our sovereign lady Queen Elizabeth II, we say welcome to our new sovereign King Charles III. There is no question he has a class act to follow.

As 'servants' of the Crown, serving our communities across

England and Wales we were proud to call her 'the boss'.

Some members may have met her personally others from a distance but all proud to wear the uniform that bore the initials ER.

Those serving will continue to uphold law and order in the name of the Crown, as we did for our Queen. May you rest in Peace.

At our Eve of Conference dinner which took place on the 8 September there was a sombre mood as many reflected on the life of Queen Elizabeth but proudly after the meal all present stood to give the Loyal Toast to King Charles III.

As you will be aware Conference was cancelled out of respect, but many had already taken their seats for the meal when the news was announced therefore the decision was taken to carry on with the meal but cancel the conference. The Superintendents' conference to take place the next week was also cancelled out of respect. Sadly, I have to say that a very small group booed when told conference was cancelled. However, our Cumbrian party was in full agreement with the decision taken.

## Message from the Chair



Hello all and welcome to our latest newsletter

I hope everyone is coping with the spell of warm weather it's a shame it won't continue for a while given what is happening to energy prices.

I don't have access to the newsletters contents before writing my article but I am sure that there will be mention of our latest initiative as a Branch concerning welfare. Many thanks to Tony Scougal for taking the lead on this, please get in touch with Kate, Tony or myself if you have any concerns regarding yourself or another member welfare related.

To finish off I am trying to ignore my advancing years but this is not helped when

a) Our Son is due to retire from the

fire service next year

b) Whilst disembarking from a cruise ship recently a younger passenger offered to carry my holdall for me!

Keep well, best regards

David Drinkald

## Derwentwater Cruise

On 12 July a group of members and friends enjoyed a coach trip to Keswick and a boat trip on the lake. From the feed back received a most enjoyable day was had by all and I hope to repeat it next summer.

Grateful thanks to our member David Hodgson for laying on the boat and providing a continuous flow of wine and beer. During our free time many partook of lunch in the Keswick Wetherspoons weird feeling visiting what was Keswick Police Station at one time.

If anyone has any suggestions for organised days out please let us know it really is great to see fellow members at gatherings.



## Dinners for Greenhill and Bardsea

### **GREENHILLS SUNDAY 15<sup>TH</sup>**

**JANUARY 2023** - Once again this will be a 3 course meal with wine, tea and coffee.

### **BARDSEA THURSDAY 9**

**FEBRUARY 2023** – this will be a 2 course meal (main and pudding) wine, tea and coffee.

Note: IN BOTH CASES if you wish to attend let Kate Rowley know and she will make sure you have the menu choice - [cumbria@narpo.org](mailto:cumbria@narpo.org)

## Kendal Coffee Morning

Kendal area will be holding a coffee morning and a supper during the early part of 2023. Further information will be circulated when dates have been fixed



## Early Notice of Cumbria AGM

The AGM will take place on **WEDNESDAY 9 MARCH 2023** in Penrith. We will be joined by our

National President who will give an update on the issues currently being pursued by Narpo. – venue to be finalised.

## Conference 8 - 9 September Torquay

I had hoped to give you a resume of the Narpo conference. However due to the death of our Queen the conference was cancelled. Although some branches felt the cancellation was not necessary, I felt that it was the appropriate action to be taken and my decision was reinforced when I spoke to our political advisor who said that as servants of the Crown the action we took was not only appropriate but necessary in the circumstances.

One of the items to be discussed at the Conference was the requirement for incorporation and how this may benefit or otherwise Narpo. Discussions will now take place throughout the country in 3 locations North, Midlands and South. This should give everyone who wants to know more about incorporation the chance to ask questions of our legal advisor Bernard Seymour. Cumbria Chair and some of the branch committee will attend so that we have a clear understanding of the pros and cons should Narpo decide to go down that route.

Other agenda items for conference were presentations on Cyber Crime and an update on Politicising of Policing by AC Martin Hewitt QPM, NPCC Chair, both of which would have been very

informative to our members and the wider public.

Next year's conference will be held in Blackpool on the **8 September 2023**

The Superintendents conference in Stratford on Avon was cancelled.

## Can You Help

I have received a request from Ingrid Beattie (widow of Archie) asking if anyone has any cap badges the no longer require. If you have let Kate know and she will put Ingrid in touch with you.

## Obituaries

Judy Bennett	11 March
Norman William Beach	1 April
Alan Davidson	27 April
Sandy Ruddick	28 April
Steve Taylor	29 April
William 'Bill' Fennell	2 May
Carol Smith (nee Mills)	May
Derek Watson	15 May
Anne Stainton	29 May
Mark Dempster	7 July
Jean Elizabeth Thompson	1 July
Leonard 'Lenny' Robinson	7 August
Robin Pearson	14 August
Daniel Brough Graham	3 September
Patrick Dwyer	16 September



Cumbria Narpo makes no distinction between those who were a member of the Cumbria Branch and our colleagues who were not. All deaths are reported.



## Pensions Question

I have been contacted by a NARPO member who has raised an interesting question regarding his pension. On discussing this with NARPO HQ it appears that this is not an isolated case and that other NARPO members have found the same or similar inaccuracies.

I felt this had far reaching implications for all those who have retired and with permission, I have reproduced the question, and given my advice below.

If you have any specific queries about your pension, please contact Alan Lees email [ceo@narpo.org](mailto:ceo@narpo.org) in the first instance.

### Question

My wife and I served as police officers and retired 5 years ago.

I recently checked with the pension administrator whether they had details on my file that when I die the person to receive my pension is my wife. They told me they had no details about this, but it did not matter because if I should die, they would then make enquiries about who the next of kin was.

My wife has also asked the pension administrator about this and has been told they have no details on her file about who the pension should be paid to on her death.

I know that previously, a different pensions administrator managed my pension, and it might be that when the transfer between the pension administrators took place the new administrator only inputted some of the details on to our files.

I am concerned that this missing information is a GDPR breach and could cause either my wife or myself serious problems, when the first one of us dies.

### Answer

There is a potential GDPR breach because it might be that the pension administrator has failed to ensure their records are up to date and accurate. Let me explain in more detail:

1. Principle number 4 of GDPR requires that *personal data shall be accurate and where necessary kept up to date. That every reasonable step must be taken to ensure that personal data that are inaccurate, having regards to the **purposes** for which they are **processed** are erased or rectified without delay.*
2. In this situation, the purposes include not just the ability to pay you your pension, but also that the pension will be paid to

- anyone you have nominated to receive payment on your death.
3. Processing includes storage on the data base and any use of the personal data.
  4. In my opinion, the pension administrator cannot simply say that the missing information does not matter. I would argue there is a breach of principle 4 which is a mandatory statutory requirement to make sure the personal data is accurate and kept up to date.
  5. I would therefore argue that the pension administrator must rectify the missing information immediately. If they fail to do so, there is a data breach which causes a very real risk to your rights and freedoms.

Having explained the law, the next step is to ensure the pension administrator's files are accurate and records who the pension will be paid to on death. To do this:

1. Write to the pension administrator telling them that your spouse (or other individual such as a civil partner) will be entitled to your pension on your death and that this must be recorded on your file. I suggest you also provide the full name of the person who will be entitled on your death.
2. If you wish to make sure your records have been changed, after a period of say 4 weeks

write to the pension administrator requesting that they provide copies of all your personal information held on their files. This is a Subject Access Request (SAR) under GDPR. The administrator must provide this information within 1 month and without making any charge.

As the DPO for NARPO, I am sometimes surprised by the variety and complexity of the questions I am asked. I am also delighted to see how NARPO members are understanding their rights under GDPR and applying those rights to everyday situations.

*Bernard Seymour*

## **Minutes of National Executive Meetings**

The minutes of these meetings are now shared with branches immediately after the meeting takes place, but as you will appreciate, they are not agreed until the following NEC meeting and may be subject to alteration. However, if you wish to see what is discussed let Kate Rowley know and she will send you a copy.

## Welfare matters

### **The Welfare Handbook.**

I've been delivering forms of welfare and assistance with bereavement to the retired police family since 2013. Earlier this year I attended the first NARPO welfare course of the modern era in Bracknell, Berkshire. The course dealt with the extremities of welfare at the national level. Upon return, I decided to write a handbook based exclusively on my ten years of experience dealing with local matters in Cumbria. The main issues relate to dementia, cancer, and grief counselling. I am supported in the production of the handbook, and ongoing evolution, by a local doctor who is a Senior Clinical Psychologist and a friend who is an Advanced Grief Recovery Specialist and Mental Health First Aider. The handbook will be updated regularly because of these professional associates. The book contains over 100 welfare links and useful contacts and if it was an Amazon publication would reach over 50 pages in length. It is currently arranged in the digital format known as PDF. The handbook will be discussed at the next NARPO (Cumbria) Branch Board meeting and some welfare articles and links will appear in future editions of our newsletter.

Here is a taster of the content of the book which is an indication of the unseen work occurring in our county regularly. Viz.....

This is a WELFARE POST for both genders regarding 'cancer risk'.

My family have used this tool. My grandchildren are not at 'hereditary risk'. Are yours?

Section 9 CANCER (HEREDITARY RISK TOOL)

(BOTH GENDERS – ALL CANCERS)

The following link is a simple tool that will assess your risk of having inherited a gene alteration (also known as a mutation, variant or fault) that could increase your risk of developing certain cancers, and then compares this to the current NHS guidelines for genetic testing. It's suitable for both men and women. The tool will only take a few minutes to complete. You will be asked whether you have ever had a cancer diagnosis yourself, and about any family history of cancer, including the age any relatives were diagnosed. All answers to these questions are anonymous. If you are unsure about your family history we recommend you speak to your relatives to find out if anyone in your extended family has been diagnosed with cancer. You can find advice on how to approach these conversations on our website. This tool doesn't assess your risks of having inherited all possible gene alterations that can impact your health; it assesses referral criteria relating to BRCA1, BRCA2 and Lynch Syndrome (hereditary non-polyposis colorectal cancer- includes MLH1, MSH2, MSH6, PMS2, and EPCAM).

If you are concerned about any other hereditary health risks in your family, please speak to your GP. Follow this link to the HEREDITARY CANCER RISK TOOL

[https://ovarian.org.uk/risktool/?fbclid=IwAR14uDmSyV7y7AS8T\\_Ugrp\\_v42ArsKXU93R46GAE8VYL0ndjfvbgrsy6V\\_1k](https://ovarian.org.uk/risktool/?fbclid=IwAR14uDmSyV7y7AS8T_Ugrp_v42ArsKXU93R46GAE8VYL0ndjfvbgrsy6V_1k)

Tony Scougal

Welfare Officer, Cumbria NARPO

## Committee

David Drinkald Chair, Kate Rowley QPM Secretary, Martin Pickering Vice Chair, Adrian Mason Ass Secretary, Jim Irving, Joe Bell, David Tweddle, Tony Scougal Welfare officer, Peter Berry, Jim Messenger, Terry O'Connell, Jim Wilson, Ali Dufty, Linda Maxwell, Dave Shirley, Kate Sutton, Paul Cox, Raymond Gregory, Lance Hindle, Sandie Smith

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## NARPO Details

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Secretary / Treasurer - Kate Rowley  
QPM

REMINDER if you change your address or email please let us know.