## **Dementia Respite Breaks**

Dementia is a cruel condition, not only for the sufferer, but also for the effect it has on the partner who is caring for the sufferer. The Police Mutual Foundation charity funds a number of Retiree Respite Breaks for members of the police family, including NARPO members affected by the condition. The breaks are typically for five days and operated by providers who specialise in catering for dementia cases, and includes the extra support required to ensure that they are *genuine* respite breaks for the carer. You do not need to have, or have had at any time, a policy with Police Mutual. Staffordshire NARPO will also assist with travelling costs. A number of our members have been on these breaks recently and found them to be truly beneficial.



If you would like to nominate for a Respite Break, or to find out more, please contact your sub-branch Welfare Officer/Secretary,

or the Branch Treasurer, Mike Kozam by email <a href="mikekozam@narpo-staffs.co.uk">mikekozam@narpo-staffs.co.uk</a>.

Alternatively, you can use the form below. All information supplied will be treated in accordance with Strictest confidentiality.

------

## **Police Mutual Foundation Respite Break Scheme**

Name:	Tel:
Address:	Post code:
Name of dementia patient:	DOB:

Data Protection: In submitting this form I consent to NARPO holding the personal details supplied and recording them in written or electronic forms for the purpose of arranging respite. I consent to being contacted by telephone or email given, if necessary, to discuss the nomination and the relevant information to be shared with Narpo officers and the Police Mutual Foundation. I am aware that privacy & data protection policies are available on the Staffordshire NARPO website and in writing on request.

Return to: Mike Kozam 52 Windsor Road, Stafford ST17 4PB Tel: 01785 257578