Essex Chelmsford NARPO News

COMMUNICATION - WELFARE - SOCIAL

Dear Members,

Our Branch website is at www.narpo.org/branches/chelmsford

You will find lots of information about the Branch including the latest newsletters and updates as well as details of forthcoming events.

You can also link to the main NARPO site which has a wide range of useful information at www.narpo.org

Select areas of the main website will now require a log in. The password is XPOL1919

I hope you all had a wonderful Christmas and New Year and wishing you all the best for 2023.

Please see below from our treasurer Andy Drane, if you could organise payment at your earliest convenience this would be appreciated. Also if I could reiterate, fees have increased so if you pay by Standing order could you please ensure you increase the amount to £24.60

Subscriptions for 2023 due

The minimum annual subscription is set by the NARPO National Executive Committee and is adjusted each January at the same rate as police pensions. For 2023, this is an increase to £24.60 (£22.32 in 2022). Chelmsford branch levies no more than this minimum amount.

If you pay by monthly deductions from your Essex Police pension, you need take no action as these will be adjusted automatically to £2.05 (previously £1.86). If you do not pay in this way, the whole amount of £24.60 is **now due**.

The preferred method of payment is via BACS (bank transfer) to the following account: The National Association of Retired Police Officers (Chelmsford) sort code 30-91-85 account number 01268114 quoting your initials and surname as the reference.

If you prefer to pay by cheque, please email <u>treasurer.narpo.chelmsford@gmail.com</u> for details of where to send it.

If you pay by Standing Order, please remember to update the amount!

Please note that **NO subscription is due** from those members who are Life, spouse, widow or widower members or those members whose primary membership is with another Branch

Andy Drane

AGM - Saturday 22nd April 1100hrs at HQ Sports Pavillion

Our AGM will be held at the above time and date and I hope to see as many of you as possible attend this very important meeting.

This is a great opportunity for you as members to help us shape the future of the branch, and for you to have your say and suggest areas where you think we can improve.

Please join us at this meeting which will be followed by a light buffet where you will have the opportunity to meet and chat with other members.

You are all welcome to attend whether you are a widow member, a full member or an additional member everyone's opinions count.

I look forward to seeing you then, if you are intending coming please register your interest to me Essexchelmsford@narpo.org to assist with catering.

Welfare Officer Vacancy

We are still very keen to recruit a welfare officer to assist our members, who may require support at difficult times. This is a fantastic opportunity and a very worthwhile role, assisting and helping your friends, who may not be in such a fortunate position health wise as you are.

The branch takes pride with the excellent welfare support we offer, which is only possible due to the two fantastic people we have undertaking this work.

Unfortunately one will be standing down and we are very keen to fill this position as it will be hard to continue the sterling service we currently provide with only one officer.

You will receive full training and be supported by the very experienced person already in post and invariably work jointly on many issues.

Please think about this and if you are interested in applying contact me Essexchelmsford@narpo.org

Social

Tower of London-Ceremony of the Keys 2023

After our first two successful visits to this ceremony last year I have managed to secure four new dates for next year. Each date is a Tuesday, being 28th February,

30th May, 29th August and 28th November. There are twenty places available each date.

I am happy to take early provisional nominations from members and their guests but will confirm names and numbers of guests nearer the dates. If you wish to attend please email narposocialsec@gmail.com

Future Events for 2023

I hope to build on events into the new year and always welcome suggestions for events both local and further afield.

Possible events in the pipeline are a trip to the Magic Circle, London, a trip to the National Police Memorial, Staffordshire and a summer Hog Roast/BBQ at EPSA.

Dates will be circulated in due course.

Likewise I would be interested in planning any local events we could arrange such as breakfast or lunch meetings and local pub walks.

Pat Mahoney

Vacancy - Duty Manager - Blackwater Leisure Centre Maldon

I have been asked to advertise the below vacancy by one of our members.

Please see here

Bob Craven's Celebration of Surviving Mental Health

As you are aware Bob Craven from Southend Branch will be walking Southend Pier on numerous dates to raise awareness re PTSD and raise funds for charities.

Please see below and links to attachments from Bob, I hope you will support him and this worthwhile cause

This talk is the first event of this year where I will be raising awareness and funds for the charities who have helped me throughout the years. If you wish to attend this talk please find further information and how to book your free place here

My walks on Southend Pier will start on Wednesday 15 February until Wednesday 24 May 2023. We have allocated dates for specific charities, organisations and blue light emergency services to be highlighted on a You Tube Series. Please see the press release here

I will email further with the specific timetable

Cheers

Bob Craven

That's all for now

Kind Regards
Sue Heaton
Secretary Narpo
Chelmsford Branch