

## Mission

To reduce the impact of harm on police and their families

## Our aims and objectives

### Ensuring everyone is aware of the harm police experience as part of their role

Research and share learning on harm and the ways to prevent or reduce the impact of harm experienced

Advocating for the wellbeing of serving and former police colleagues

### Enabling people to recover and rebuild their lives

Increase our reach and connect with people who have suffered harm as a result of their policing role

Provide mechanisms for individuals to recover and rebuild their lives

### Engaging with the police service to do all they can to reduce or prevent harm

Proactively interact with policing organisations across the UK

Fund new and innovative projects aimed at reducing or preventing harm

## Every day the police find themselves in harm's way to protect the public. Some even pay the ultimate price.

Working independently of police and government, Police Care UK makes sure both serving and former colleagues who suffer harm, and their families, have someone to turn to when things get tough.

This means championing welfare that works and providing a confidential programme of practical, emotional, and financial support to police and their families.

We understand modern policing and the impact this has. That's why we identify and help fill gaps in care, provide support for those in need, and act as a lifeline for those who carry the physical and psychological scars of public service.

Together, we're building a future where no-one suffering harm is left without help.



**Police Care UK makes sure both serving and former colleagues who suffer harm, and their families, have someone to turn to when things get tough.**

**We provide practical, emotional, and financial support that is confidential, independent, and accessible.**

Nova Scotia House  
70 Goldsworth Road  
Woking  
Surrey  
GU21 6LQ

0300 012 0030  
hello@policecare.org.uk  
[policecare.org.uk](https://www.policecare.org.uk)

## REDUCING THE IMPACT OF HARM ON POLICE AND THEIR FAMILIES

**POLICE CHARITIES**  
UNITED KINGDOM



Registered with  
**FUNDRAISING REGULATOR**



**We provide practical, emotional, and financial support for those who suffer physical and psychological harm because of their policing role.**

**We can help serving and former officers, staff, and volunteers, as well as their families.**

**Our help is completely independent and confidential thanks to donations and fundraising - we receive no Government or police funding.**

Please call **0300 012 0030** or visit **policecare.org.uk** for more details.

\*Registration may be required to access services provided by Police Care UK.

### **Examples of support available for police and families\***

**Practical information** and advice on debt, staying well at work, family matters, bereavement, returning to work after maternity leave, physical and mental wellbeing etc.

**Access to our confidential careline** for counselling or psychotherapy when clinically appropriate.

**Funding** for house adaptations and mobility equipment.

**Support** for those who need to leave the service early.

**Educational bursaries** for children entering further/higher education.

**Respite breaks** for families.

And much more...



### **We're committed to supporting police forces to do all they can to reduce harm.**

While our role is to complement this care, we provide funds for police forces, groups, and associations to develop initiatives that improve health and wellbeing in policing.

If you have a project or initiative you'd like to discuss funding for, you can contact us online at **policecare.org.uk** or call **0300 012 0030**



**Want to help us spread the word?**

**Consider volunteering with Police Care UK.**